



SAN DIEGO  
JEWISH  
ACADEMY

האקדמיה היהודית סן-דייגו

The pluralistic community day school

# ***FIRST GRADE CURRICULUM***



**SDJA Positioning Statement:**

San Diego Jewish Academy challenges its students to achieve their full **academic** potential and become individuals of strong **moral and ethical character**, while inspiring them to make **Judaism** a vital and relevant aspect of their lives.

**TABLE OF CONTENTS**



Language Arts.....	4
Mathematics.....	5
Science.....	.6

Social Studies.....	9
Judaic Studies Philosophy .....	10
<i>Ivrit / Hebrew</i> .....	12
<i>Tanakh / Bible Studies</i> .....	14
Jewish Holidays.....	16
<i>Tefillah / Prayer</i> .....	17
Israel.....	17
Jewish Life and Thought.....	19
Special Enrichment Subjects.....	20

## **LANGUAGE ARTS**

The Language Arts curriculum of the Golda Meir Lower School, which is aligned with the California State Standards, is specifically designed toward developing higher level cognition as well as fostering an abiding interest in reading on the part of the students. The approach to the teaching of literature is one that reflects universal experience as well as the child's real or imagined experience. As a result of this exposure to literature, the student's intellectual curiosity is both stimulated and challenged repeatedly throughout the grades.

The development of oral and written language expression, along with strong reading and writing skills, are major objectives of the language arts curriculum. The major goals are for students to become avid readers and excellent communicators.

Beginning readers are taught to read using a phonics-based program, which also incorporates some of the methodologies of whole language. The study of literature provides the medium for many student-centered language arts activities. The methods in approaching the literature use both questioning and expressive language. The students write prose, poetry and stories. There are a variety of other mediums used as a complement to the curriculum, including the integration of technology. Overall, the language arts curriculum reflects a humanistic attitude toward the student. The development of the student's self-esteem is taken very seriously. The curriculum endorses Piaget's objectives, which are to develop creative thinking, critical analysis, and a learning environment wherein active learning can occur.

The students will develop:

- Decoding skills
- Word attack skills
- Pre-reading and early reading comprehension skills
- Handwriting skills (manuscript)
- Written expression skills (emphasis upon simple sentence structure and grammar)
- Oral expression skills
- Listening skills
- An appreciation for literature

## **MATHEMATICS**

The mathematics curriculum is aligned with the California State Standards. Beginning in kindergarten, our math curriculum helps students make the transition from intuition to concrete operations, and to abstractions and skills with symbols. Mathematics instruction is integrated into other curriculum areas to include applications in social studies, science, the uses of the language of mathematics, and the relationship between mathematics and the visual arts. Problem solving is related to everyday situations and math games serve as review of concepts taught. The following strands are addressed on a recurring basis throughout the program:

- Algebra and the Use of Variables
- Data and Chance
- Geometry and Spatial Sense
- Measures and Measurement
- Numeration and Order
- Patterns, Functions, and Sequences
- Operations
- Reference Frames

The following four themes pervade the curriculum:

Algorithmic and Procedural Thinking,  
Estimation Skills and Number Sense,  
Mental Arithmetic Skills and Reflexes and  
Problem Solving.

### **Skills**

- Read and write up to 3-digit numbers
- Tell and solve number stories
- Understand the concept of coin values
- Understand the concepts of addition and subtraction
- Know addition and subtraction facts to 12
- Understand the concept of time

### **SCIENCE**

The science curriculum in grades K-5, which is aligned with the California State Standards, is based on the principle that the most effective way for students to learn science concepts is through a balance of hands-on activities and solid content knowledge.

Scientific literacy is an important educational goal for all of our students. Therefore, students are taught to use scientific process skills, critical thinking skills, and scientific reasoning.

The science curriculum involves integrating overarching concepts of science (themes) throughout the various scientific disciplines-life science, earth science, and physical science. These themes provide a framework to guide teachers in developing instructional tools to make science more than a mere collection of facts. It provides a logical sequence and scope of instruction. These themes are instituted and developed throughout a single year's study as well as from the sub-fields of the scientific disciplines.

The themes are:

- Systems
- Constancy and Change
- Models
- Scale

Each of the main scientific disciplines has a unifying concept that is carried from kindergarten through fifth grade. The concepts are:

- Life Science- Life is diverse
- Physical Science- Matter and energy can be changed but not destroyed
- Earth Science- The earth, within its universe, is constantly changing

The following units are taught at the first grade level.

Physical Science- Solids, Liquids and Gases

Theme: Constancy and change

Overall Concept: Certain properties of a solid, liquid, or gas are constant, while others are not. Yet, all solids, liquids, and gases are changeable states of matter.

### Life Science-Keeping Fit and Healthy

Themes: Systems; Constancy and Change

Overall Concept: A proper diet, exercise, sleep, and proper hygiene keep various systems of the human body functioning effectively.

### Earth Science-Weather and Seasons

Theme: Constancy and Change

Overall Concept: Seasons and seasonal weather patterns, while constant, induce change.

### Investigation and Experimentation

The student will be able to:

- draw pictures that portray some features of the thing being described
- record observations and data with pictures, numbers and/or written statements
- record observations in a bar graph

## **SOCIAL STUDIES**

The social studies curriculum follows the national, NCSS standards. The program builds a solid foundation of essential social studies skills and concepts, emphasizes responsible citizenship, develops multicultural awareness and sensitivity, reinforces reading, writing, math and science, and develops critical thinking skills.

Ten thematic strands, defined by the National Council for Social Studies, are developed across all three K-2 grade levels. These include:

Culture, Time, Continuity, and Change

People, Places, and Environments

Individual Development and Identity

Individuals, Groups, and Institutions

Power, Authority, and Governance

Production, Distribution, and Consumption

Science, Technology, and Society

Global Connections, Civic Ideals and Practices

All the activities in the program integrate one or more of the themes or essential elements listed below:

Themes: Essential Elements  
Location: The World in Spatial Terms  
Place: Places and Regions, Relationship Within Places, Physical Systems  
Movement: Human Systems  
Regions: Environment and Society

The Use of Geography focuses on New Friends and New Places.

## **JUDAIC STUDIES PHILOSOPHY**

*On three things does the world stand: Study, Service to God, and Deeds of Loving Kindness.*

It is the goal of the San Diego Jewish Academy to engage our students in learning about the rich traditions, history, and experiences of the Jewish people. In so doing, we seek to create a positive, Jewish learning experience for all of our students and to instill them a love of, and pride in, their Jewish heritage. We want our students to graduate with an understanding of Jewish beliefs, values, concepts, and traditions. We seek not only to instill academic learning, but also to help empower and inspire our students to embody what they have learned and to acquire the knowledge and skills for meaningful Jewish living.

We take to heart the Rabbinic teaching, “On three things does the world stand: TORAH, AVODAH, and GEMILUT HASADIM.” Each is central to our Jewish educational philosophy.

TORAH (teaching, study): In the context of our school, we view TORAH as encompassing the teaching of the broadest aspects of Jewish civilization. This includes classical Jewish texts as well as Jewish literature, history, and culture, Hebrew language and the State of Israel. We want our students to be able to apply the teachings of Jewish texts to contemporary issues and to their individual lives. Wherever possible, relevant Judaic content will be integrated into the general studies curriculum.

AVODAH (literally “service” and often translated as “worship”) denotes ritual skills and practices that have the capacity to nurture our spiritual dimension, including *tefilah* (prayer) and observances related to Shabbat and the Jewish holidays.

We want our students to develop an understanding of and competency in these skills and practices, and to appreciate the capacity of these observances to enrich their lives and nurture their souls.

GEMILUT HASADIM (Deeds of Loving Kindness) are the Jewish teachings and practices regarding our ethical responsibilities to our fellow human beings. We want our students to internalize the virtue of *derekh erez* (respect toward others) and the responsibility of participating in *tikkun olam* (improving the world). Our goal is for our students to view their Jewish heritage as a meaningful guide for ethical living in a complex world.

As a pluralistic school, we recognize that our students and their families reflect a broad spectrum of Jewish background and practice. We seek to engender respect and appreciation for the various approaches to Judaism and, at the same time, to emphasize that our Jewish heritage is a common bond that unites all Jews.

## **IVRIT/ HEBREW**

### **Philosophy of Hebrew Language and Literature at SDJA**

Our Hebrew language program is an integral part of the curriculum. Hebrew is a key that opens the doors of Jewish learning and connects us with Jews past and present. It is both the language of classical Jewish texts - from the TANAKH (Bible) to the SIDDUR (prayer book) -- and the modern, living language that unites us with Israel.

We seek to have our students develop facility in reading, speaking, and understanding both written and oral Hebrew, as well as some ability in writing. Our Hebrew program is taught through the immersion process (*ivrit b'ivrit*) wherein the teacher speaks in Hebrew and the goal is for students to do the same. The ability to speak Hebrew with confidence will enable our students and graduates to feel at home in Israel and to communicate with Jews around the world.

Literary units of study are organized along four inter-related tracks including:

1. ***Shalom*** which discusses the daily life in class, at home and outdoors.
2. ***Shabbat Shalom*** which discusses Shabbat and the weekly Torah reading.
3. ***Hag Same'ah*** which includes learning about the High Holy Days, Sukkot, Hanukkah, Tu Bishvat, Purim, Pesah, Shavuot, Yom Ha'Atzmaut and Yom Yerushalayim.

4. ***Ariot Koreh VeKotev*** focuses on the development of Hebrew reading, writing and language skills Through these four thematic tracks, the students learn and experience concepts, values, children's literature, prayers, blessings, laws and customs in Hebrew, and develop Hebrew literacy and language skills.

In addition each class has interactive posters for prayers and blessings, audio cassettes with songs, stories and dictations to develop listening and comprehension skills, graded library books for literacy development, big books that connect to topics mentioned above, and games for acquisition, reinforcement and enrichment of content and skills.

Students will:

- Master phonics ability. (e.g. letter and vowel sounds and blends).
- Develop reading skills.
- Develop oral comprehension and verbal skills through class conversations and activities.
- Develop Hebrew vocabulary
- Develop writing skills of alphabet in print and then building up to writing words.
- Begin to distinguish between singular and plural words.
- Begin to distinguish between masculine and feminine words.
- Begin to conjugate verbs. (e.g. Moshe OMER, Sarah OMERET).
- Be introduced to the infinitive verb form. (e.g. to write – LIKHTOV).

## **TANAKH/BIBLE**

### **Philosophy of Bible Study at SDJA**

An integral part of the Judaic Studies curriculum at the San Diego Jewish Academy is the study of the TANAKH (Bible)\* because it is the source of the spiritual history, literature and values of our people. It is the foundation of our Jewish civilization and the source of the ethical and ritual MITZVOT (commandments), which have been central to Jewish life throughout the ages. It is the record of what the Jewish people has understood as the basis and meaning of the covenant between God and the Jewish people.

We teach both the simple, literal understanding of the text as written (*pshat*) and the interpretive understandings of the text (*drash*) at appropriate grade levels, always maintaining the distinction between the two. While both are integral to the study

---

\* *The TANAKH includes the TORAH (Five Books of Moses) as well as the NEVIIM (Early and Latter Prophets) and the KETUVIM (Writings).*

of Torah, teachers are expected to distinguish between them when teaching Torah to their students. Through the study of classical and modern day commentaries and interpretations, alongside the literal text, we are encouraging our students to analyze, interpret and internalize the original text as it relates to their lives today, and as a guide for their lives in the future.

As a pluralistic school, we recognize that our students and their families reflect a range of perspectives on Torah. As a community school, we acknowledge a variety of perspectives in our teaching and share this with our students in age-appropriate ways. We concentrate our studies on the content and meaning of the text.

Students will be:

- Exposed to basic Bible stories throughout the *Tanakh* .
- Able to describe key Biblical figures (e.g. Noah, Abraham, Sarah, Joseph, King Solomon, and Jonah).
- Able to recount key events in the Bible.
- Engaged in finding personal meaning from the Bible stories.
- Exposed and become familiar with *parashat hashavuah*, the weekly Torah portion.

## **JEWISH HOLIDAYS**

The San Diego Jewish Academy strongly believes that observing the Jewish holidays enhances Jewish life on a consistent basis. To that end, each year students are engaged in studying the meaning and observances of Shabbat, Rosh Hodesh, Rosh Hashanah, Yom Kippur, Sukkot, Simhat Torah, Hanukkah, Tu B'Shevat, Purim, Pesahh, Yom Ha'atzmaut, Lag Ba'Omer, and Shavuot through a variety of teaching methods and practices. In addition to this, and through the assistance of our PTO, we are able to provide unique opportunities for our students to mark these special occasions on the calendar.

Students will be able to:

- Learn about the Jewish holidays in Hebrew and English.
- Explain key concepts associated with each of the Jewish holidays in Hebrew and English.
- Read and recite basic prayers in Hebrew associated with each of the Jewish holidays.
- Identify key terms and symbols associated with each of the Jewish holidays in Hebrew and English.
- Identify rituals and customs associated with each of the Jewish holidays in Hebrew and English.

## **TEFILLAH/PRAYER**

*Tefillah* links Jews from the past to the present. Students participate in prayer services on a daily basis. During this time, students learn both the *kevah* (fixed words and times) and *kavannah* (meaning and intention) of the prayers for the weekday and Shabbat service. Every Friday afternoon, students participate in a grade-wide *Kabbalat Shabbat* service to anticipate the arrival of Shabbat.

## **ISRAEL**

Recognizing the significance of the State of Israel, its national institutions, and our strong bonds to the land and the people of Israel, we seek to instill in the students a connection to Israel as well as a sense of responsibility for its future. In each of the classrooms K – 5, there is a clock set on Israel time as well as a map of Israel so that our students can be cognizant of Israel on a daily basis. All classes also have an Israeli flag and sing *Hatikvah* every day as part of their morning routine. Students are regularly involved in learning about current events and various projects in Israel and help to contribute to worthy organizations such as *Yad L’Kashish* (Life Line For the Old), A Package From Home, Alyn Hospital and Magen David Adom.

Additionally, over the past five years, we have developed a very strong connection to San Diego’s sister community in Israel, Sha’ar HaNegev. Teacher exchanges, student pen-pal writing and Sha’ar HaNegev’s inclusion in various SDJA programs have helped to strengthen our relationship with the elementary school in Sha’ar HaNegev and give Lower School students and faculty an opportunity to connect with the people of Israel on a very personal level.

*Yom Ha’atzmaut*, (Israel Independence Day), is also an important day at school. In the Lower School, regular classes cease and all teachers, both general and Judaic, prepare special Israeli activities, including arts and crafts, geography activities, writing activities, Israeli Folk dancing and other cultural experiences for the students to help them gain a deeper sense of Israeli culture. Our Israeli faculty and Hebrew language program work as other vehicles for teaching about Israel and infuse Israeli culture into our school setting and upon our students.

## **JEWISH LIFE AND THOUGHT**

Building a foundation for Jewish ethical living is integral to the curriculum of the San Diego Jewish Academy. We teach these values through a unique approach that includes a wide range of Jewish perspectives about our relationship with one another, our relationship with God, and our responsibility as Jewish individuals. Embedded in this curriculum are projects that help our students put these Jewish values into action.

Students learn the importance of a variety of different Jewish values and *mitzvot* including:

- *Talmud Torah*  
(The study of Torah)
- *Hakhnasat Or<sub>h</sub>im*  
(Hospitality)
- *Derekh Eretz*  
(Respectful attitude and actions)
- *Tzedakah*
- *Bal Tash'<sub>h</sub>it*  
(Ecology)
- *Shmirat Halashon*  
(How we speak about others)
- *Bikkur Holim*  
(Visiting the Sick)
- *Kashrut*  
(Jewish dietary laws and practices)

**Special Jewish Events Include:**

- Torah Fair
- Ongoing Tikkun Olam Projects
- Special grade wide event that culminates a unit of study – Mattan Siddur.

**SPECIAL ENRICHMENT SUBJECTS**

**PHYSICAL EDUCATION**

The Physical Education program is based on the premise that the quality and productivity of each individual's life can be enhanced through participation in a comprehensive, sequential, physical education system that promotes physical, mental,

social and emotional well being. A physically educated person is one who has mastered the necessary movement skills to participate confidently in many different forms of physical activity, values physical fitness and understands that both are related to health and a positive self-image.

The Physical Education program at the San Diego Jewish Academy enables students to achieve five goals. Each goal is equally important, and each interacts continually with the others. These goals are:

- A. **Physical Fitness:** To develop and maintain an optimal efficiency level of cardiovascular fitness, muscular strength, flexibility and proper nutrition necessary for participating in daily life and recreational activities.
- B. **Movement Skills and Movement Knowledge:** To develop effective motor skills and to understand the fundamentals of movement through practice and analysis.
- C. **Self Image and Personal Development:**  
To develop and maintain a positive self-image and strive to become the best a person can be through planned physical activities.
- D. **Social Development:**  
To develop appropriate social behaviors by working independently and cooperatively with others during planned physical activity.
- E. **Appreciation of Physical Activity:**

## **LIBRARY**

Library skills are taught to all classes beginning in kindergarten. Students attend weekly library classes in grades K-5 with the Library Media Specialist. Most lessons are related to their classroom curriculum topics. The students are then encouraged to find books, which interest them and are matched to their individual reading level.

In grades K-2, classes are concerned with proper care of library books, the location of library resources, and an appreciation of children's literature. Throughout the grades, different authors and illustrators are featured. The Caldecott and Newbery winners are shown and discussed.

## **COMPUTERS**

Computer instruction begins in kindergarten. The purpose of the computer curriculum is to help students develop computer skills that support learning and personal productivity. Students are introduced to basic computer operations, proper keyboarding skills, concepts and terminology. They begin with directed and guided activities and progress to working more independently.

As students progress, more sophisticated technology skills and knowledge are implemented, and much of the curriculum is integrated with grade level subjects. Students learn to create word processing documents to present information and to enhance presentation of curriculum assignments.

Becoming adept at keyboarding and computer skills is viewed as an important component for success in today's world.

## **ART**

The art curriculum aims to stimulate children to experience the world of art both physically by creating, and spiritually through understanding and appreciating the creations of others. This is accomplished by exercising a variety of art techniques while examining selected artists and topics in art history.

In addition, students have the unique opportunity to integrate information from various academic subjects such as social studies, Judaic studies and language arts to create art projects that reflect their studies. Art is used to enhance and extend learning that culminates in various types of reports and projects.

In grades K-5, students become familiar with many different art terms and media. These include drawing (colored pencils, soft pencils, craypas, chalks), painting (watercolors, Tempera, oil pastels, fabric, acrylic), graphic techniques (calligraphy and lettering, paper cut outs, collage, origami, paper-mache), and 3-D projects (clay sculpture and pottery, paper relief, wire sculpture, metal sheet and foil manipulation).

## **MUSIC**

A music specialist comes to each class in kindergarten through grade five once a week. Students learn about rhythm and instruments, are introduced to classical pieces and composers and learn many songs that are integrated with the Judaic and social studies curriculum. The goal is to introduce students to various kinds of music and have them learn to enjoy music through listening, singing and making music themselves.

Aside from being a specialist in Jewish music, the music teacher has also completed the intensive Level 2 Orff Schulwerk training. She uses Orff instruments and the Orff methodology to lead the students to an internalization of musical concepts as well as a love of music.

Students have many opportunities to perform for fellow students, families and the community at large as they participate in various holiday celebrations.

11860 Carmel Creek Road

San Diego, CA 92130  
(858) 704-3700



האקדמיה היהודית סן-דייגו  
The pluralistic community day school